

Newark Sports and Fitness Centre
and Dukeries Leisure Centre

HALF-TERM TIMETABLE

Tuesday 26th May – Sunday 31st May 2026



4 FREE SESSIONS!

Places limited so book now at
www.active4today.co.uk/leisurehub

You can pay at reception on the day, subject to availability

Telephone 01636 655780

Email enquiries@active4today.co.uk



Newark Sports and Fitness Centre

Swimming

Main Pool

Tuesday 26th May

9:30am - 10:15am Public Swim
2pm - 2:45pm Kayaks/Floats

Wednesday 27th May

10:30am - 11:15am Disability Swim**
2pm - 2:45pm Fun Swim
6:45pm - 7:30pm Public Swim

Thursday 28th May

9:30am - 10:30am Fun Swim
2pm - 2:45pm FREE Fun Swim
5pm - 5:45pm Fun Swim

Friday 29th May

10am - 10:45am Inflatable Swim*
11am - 11:45am Inflatable Swim*
12pm - 12:45pm Fun Swim
2pm - 2:45pm Public Swim

Saturday 30th May

11am - 12:30pm Public Swim
2pm - 3pm Inflatable Swim*
3:15pm - 4:15pm Public Swim

Sunday 31st May

10:30am - 11:30am Public Swim
11:45am - 12:45pm Public Swim
2pm - 3pm Fun Swim

* Height restrictions apply, max 1.7m & able to swim 25m on their front. Max age 14yrs.

**An open session for adults and juniors with disabilities.

^ Partially laned off for private hire.

Public Swims have fun floats and rafts available.

Pool policy applies to all of our swim sessions

Teaching Pool

Tuesday 26th May

12pm - 12:45pm Public Swim
1:30pm - 2:30pm Public Swim

Wednesday 27th May

10:30am - 11:15am Disability Swim**
11:45am - 12:30pm Public Swim
2pm - 2:45pm Public Swim

Thursday 28th May

9am - 9:45am Public Swim
10am - 10:45am Public Swim
2pm - 2:45pm FREE Fun Swim

Friday 29th May

10am - 10:45am Public Swim
11am - 11:45am Public Swim
12pm - 12:45pm Public Swim
2pm - 2:45pm Public Swim
3pm - 3:45pm Public Swim
7pm - 7:45pm Public Swim

Saturday 30th May

11am - 12:30pm Public Swim
2pm - 3pm Public Swim
3:15pm - 4:15pm Public Swim

Sunday 31st May

9:15am - 10:15am Public Swim
10:30am - 11:30am Public Swim
11:45am - 12:45pm Public Swim
2pm - 3pm Public Swim
3:15pm - 4:15pm Public Swim

Public Swims have fun floats and rafts available.

FREE Fun Swim Sessions!

Thursday 28th May, 2pm - 2:45pm

Come and make a splash in this free swim session! Places available in both the main and teaching pools. **Book online through the app or Leisurehub. Subject to availability.**

Newark Sports and Fitness Centre

Sports

Junior Fitness (8-15yrs)

Weekdays 6am - 6pm
Weekends 8am - 2.30pm
XP Synrgy
Mondays & Thursdays, 4:30pm - 5pm
£6 per session

The fitness suite is open daily for juniors to enjoy a workout!

The fitness suite is open to juniors outside of these times but they must be supervised by a responsible adult.



FREE Family Sports Session!

Thursday 28th May
1:20pm - 2pm

Come along and enjoy a FREE session of squash or racketball.

Book online through the app or Leisurehub. Subject to availability.

Sports Camp (8-13yrs)

Thursday 28th May

9:30am - 1pm
£8.50 per session

Get set for a whirlwind of fun! Our indoor sports programme offers a mix of activities including using equipment in the fitness suite, multi skill games and an exciting swim session. Don't forget your swim kit! Ensure your children are in comfy clothes, swimwear, and suitable footwear. Pack plenty of drinks and a light snack to keep them fuelled and ready for action!

Family Sport Session

Friday 29th May

10:30am - 12:30pm
£6 per family

Come along for a morning of fun for all the family. Choose from badminton, short tennis, table tennis, pickleball or basketball. Maximum 5 people per booking.



Dukeries Leisure Centre

Swimming

Swimming

Tuesday 26th May

10:45am - 11:45am Public Swim
1pm - 2pm Splash

Wednesday 27th May

9am - 10am Family Fun Swim
1:30pm - 2:30pm Inflatable Swim

Thursday 28th May

1pm - 1:45pm Splash
6:30pm - 7:15pm Family Fun Swim

Friday 29th May

1:30pm - 2:30pm Inflatable Swim
6:45pm - 7:45pm Public Swim

Saturday 30th May

11:15am - 12:45pm Family Fun Swim
3pm - 4pm Inflatable Swim

Sunday 31st May

10:45am - 11:45 am Family Fun Swim
2pm - 3pm Family Fun Swim

*Family Fun Swims have fun floats and rafts available
Pool policy applies to all our swim sessions.*

FREE Fun Swim Session!

Friday 29th May

9:15am - 10:15am

Come and make a splash in this free swim session!

Book online through the app or Leisurehub. Subject to availability.

Splash! (8-15yrs)

Tuesdays and Thursdays

£6 per session (free to XP members)

An exciting session offering a mix of water activities including Snorkelling, Kayaking and Water Polo. Main pool. Must be able to swim 20m unaided.



Dukeries Leisure Centre

Sports

FREE Family Sports Session!

Friday 29th May, 10:30am - 12:30pm

Come along and enjoy a FREE session in our sports hall. Choose from badminton, short tennis, table tennis or pickleball.

Book online through the app or Leisurehub. Subject to availability.

Active Air-X

Tuesday 26th, Wednesday 27th & Thursday 28th May

10:45am - 12:15pm (*11yrs and under*)

12:30pm - 2pm (*11yrs and under*)

2:15pm - 3:45pm (*11yrs and under*)

3:45pm - 5:45pm (*Private Parties*)

Child £8 (£7 online)

Additional Adult £4 (£3 online)

FREE to XP members (excludes XP Student)

Book via the app or at <https://leisurehub.active4today.co.uk/live/en/Public/bookings>

Junior Fitness (8-15yrs)

Weekdays 6:30am - 6pm

Weekends 8am - 2:30pm

XP Synrgy (11-15yrs)

Wednesdays, 4:30pm - 5pm

£6 per session

The fitness suite is open daily for juniors to enjoy a workout!

The fitness suite is open to juniors outside of these times but they must be supervised by a responsible adult.

Inflatable Camp (8-13yrs)

Wednesday 27th May

10:45am - 12:15pm - Air-x

1:15pm - 2:15pm - Inflatable Swim

£10 bundle - FREE to XP members (excludes XP Student)

Air-X and Splash (8-13yrs)

Thursday 28th May

10:45am - 12:15pm - Air-X

1pm - 1:45pm - Splash

£10 bundle - FREE to XP members (excludes XP Student)

Active Air-X Sports Camp (8-13yrs)

Tuesday 26th May, 9:30am - 1pm

Get set for a whirlwind of fun! Our indoor Air-X Camp offers a mix of activities including using equipment in the fitness suite, multi skill games, an exciting swim session and the ultimate indoor inflatable adventure with an Air-X session included. Don't forget your swim kit! Ensure your children are in comfy clothes, swimwear, and suitable footwear. Pack plenty of drinks and a light snack to keep them fuelled and ready for action.

£8.50 per session

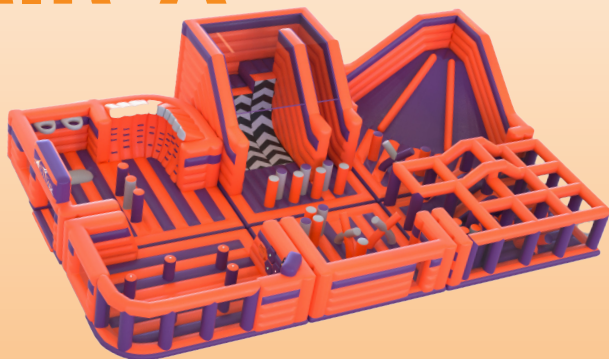
Book via the app or at <https://leisurehub.active4today.co.uk/live/en/Public/bookings>

Visit

ACTIVE AIR-X



The **Ultimate**
Indoor Inflatable
Adventure!



Get ready to bounce, climb, slide and
race your way through Air-X!



**FREE to XP
members**
(excludes XP
Student)

Child £8 (£7 online),
Additional Adult £4 (£3 online)

Book online and save!

Book online
here



Save money by booking online via the app or at
<https://leisurehub.active4today.co.uk/live/en/Public/bookings>

T&Cs apply. Children under 6yrs must be supervised on the inflatable by a responsible person aged 16yrs or over on a 1 to 2 basis. (1 adult included in each child admission)

Children under 8yrs must be accompanied by a responsible person aged 16yrs or over on a 1 to 3 basis.

Children aged 8yrs and over are permitted to attend appropriate aged sessions

Dukeries Leisure Centre, Ollerton



Active Birthday Parties

Book Now!

From £4 per child

AIR-X Inflatable parties
Fun Floats Main + Teaching pool parties
Inflatable Main pool parties
Sports and Football parties

Parties available at
Newark and Ollerton

*Parties vary at each site so check our website
or email us for further information*

Book online at
www.active4today.co.uk/leisurehub



Xperience Xperience **Student**

Xperience memberships from **£21** per month

Our Xperience courses include:

- Active Swimming Lessons
- Active Gymnastics
- Active Trampoline



Quality coaching at an affordable price!

All Xperience memberships include free public swimming sessions!

For further information visit our website

www.active4today.co.uk/memberships/juniormemberships

Bookings

Pre-book and pay for your activity online through www.active4today.co.uk/leisurehub to guarantee a spot! You can also pay at reception by 8am on the day of the activity if spaces are available. Places must be booked under the child's own account name.

Public swim prices:

Juniors £5.50 (without Active Card £6.50)

Adults £7 (without Active Card £8.50)

Concession £5.50 (without Active Card £6.50)

Inflatable Sessions £6 with an Active Card.

Public swimming is included in most memberships. Check website for details. Active Cards are free for new customers and available at reception.

Terms and Conditions

A parent/guardian may be required to complete an information form regarding contact details and code of conduct.

Photographs may be taken during activities to be used on our social media, please speak to a member of staff if you do not wish your child to have their photo taken.

Juniors must attend an induction with an adult/carer prior to using the fitness suite. Please book this at reception.

All activities must be paid for at the time of booking.

Active4Today Ltd reserves the right to alter/withdraw activities at any time.

Pool policy applies to all our swim sessions.

WE ARE CLOSED BANK HOLIDAYS

www.active4today.co.uk/leisurehub
enquiries@active4today.co.uk

